



JAVVU
SPA

CREATING SPACE TO GROUND, UNFOLD
&
EXPAND MIND, BODY AND SOUL.



Welcome to Javvu Spa, our island spa, a relaxed home from home hangout with two sides to its nature – a social side where you can chill out by our beautiful spa beach or in the Wellness Café and a private side where you can retreat into your own secluded pod under the protective canopy of the trees.

Our menu is an integration of wellness, movement and spa treatments encouraging a holistic approach tailor made to each of you.

Opening hours:

Javvu Spa 10am – 8pm

Bodyism Gym 6am – 10am

Wellness Café 10am – 7pm



PURE MASSAGE
SPA TRAINING METHOD®

MASSAGES

Pure massage is a therapeutic, progressive massage that combines different massage techniques deeply rooted in both Eastern and Western traditions, such as deep tissue, Swedish massage, myofascial release, trigger point therapy, Thai stretches and energy work, addressing the natural rhythms and self-healing abilities of the body.

JET LAG / BACK MASSAGE

50 MINUTES - \$ 165

One of our core treatments that addresses the tensions on the back, neck and shoulders making you feel relaxed, balanced and strong.

REVITALISING FACE MASSAGE

50/75 MINUTES - \$ 165/208

Voted by the press for being better than Botox, this treatment is a real hit, a natural anti age massage, great for reducing headaches and excellent to improve your beauty sleep!

BODY BALANCE

60 MINUTES - \$ 198

A gentle yet very effective treatment that helps the body to efficiently detoxify through abdominal massage, lymphatic drainage and foot reflexology.

BODY TONE

60/90 MINUTES - \$ 198/240

A specialized advanced massage designed to assist in cellulite reduction and lymphatic drainage using firm pressure and cupping tools.

- 60min – Legs, arms, abdomen
- 90min - Legs, arms, abdomen, back & shoulders

BODY MOVEMENT

75/90 MINUTES - \$ 185/200

Body Movement is a result of Beata's extensive research to create the best combination of different traditions, concepts and approaches to the body work and stretches with clothes on and without using massage oil.

FULL BODY MASSAGE

60/75/90/120 MINUTES - \$ 198/208/236/280

Our body massages are tailor made to your personal needs and will gradually re-educate the ability of your body to relax and release the tensions.

- 60min – Back, legs, arms
- 75min – Back, legs, arms, scalp
- 90min – Back, legs, arms, abdomen, chest, face, scalp

PREGNANCY MASSAGE

75 MINUTES - \$ 208

Our pregnancy massage was developed to give support with specific positions and dedicated techniques, taking care of both mum and bump!

HOME COMING JOURNEY

120 MINUTES - \$ 280

A tension melting treatment great for stiff neck & shoulders, headaches and sleeping problems.

- Back, neck & shoulders massage
- Face massage
- Foot massage

KINDLY AWAKE EXPERIENCE

120 MINUTES - \$ 280

For real detox lovers who want a stronger immune system, better circulation and less stress!

- Steam room
- Back massage
- Body Balance massage

!QSMEDICOSMETICS

FACIALS

Founded by Dr. Schulte from Germany, !QMS products and treatments are based on scientific research that is results driven, giving instant results and healthier, stronger and radiant skin.

SIGNATURE FACIAL

50 MINUTES - \$ 160

An amazing facial that remarkably rejuvenates, nourishes and hydrates the skin. Complexion looks plumper, smoother and glows with health.

ADD ON

15 MINUTES - \$ 45

- **OXYGEN BOOST** uses a cool jet of pure oxygen combined with highly concentrated hyaluronic acid serum
- **EYE REVIVER** is ideal for lifting tired and puffy eyes
- **LIP ZONE REPAIR** is designed to visibly smooth fine lines and wrinkles around the lip area
- **LIFT AND CONTOUR** uses advanced massage techniques to give an immediate lifted and toned appearance

COLLAGEN REJUVENATING FACIAL

90 MINUTES - \$ 218

This facial is designed to address the loss of collagen, featuring a unique 70% natural soluble collagen. Your skin is left rejuvenated, more youthful and healthy.

DETOX FACIAL

90 MINUTES - \$218

An intensely stimulating facial using a unique thermal-active mask designed to give an instant boost leaving the skin visibly smoother and more radiant.



SKIN RENEWAL FACIAL

90 MINUTES - \$ 240

An exclusively designed facial that supports and enhances the natural cell regeneration and renewal process for a brighter, smoother and firm skin.

VITALIFT FACIAL

90 MINUTES - \$ 235

An anti-ageing treatment designed for skin that needs an instant lifting effect!



BODY RITUALS

iLA products are totally organic, founded on natural, ethical integrity and hand-blended in the heart of the English countryside. Their treatments are renowned for beautifully bridging the gap between body and soul.

BODY SCRUB

50 MINUTES - \$ 120

Himalayan Salt Crystals scrubs blended with precious essential oils to brighten, hydrate and polish the skin.

- NOURISHING
- PURIFYING

BODY WRAP

50 MINUTES - \$ 85

Exotic, nurturing and firming wraps to balance the system and improve skin texture.

- NOURISHING
- DETOX

CHAKRA WELLBEING

120 MINUTES - \$305

Based around seven blends of chakra-balancing essential oils, this ritual involves deep relaxation, subtle healing of the chakras, a gentle back massage, an Ananda facial and the pouring of warm oil over the third eye to restore and relax every sense.

STRESS BUSTER

120 MINUTES - \$ 305

A strengthening and re-balancing therapy that aims at reducing the stress levels and all the negative side-effects that come with it through powerful healing ingredients carefully blended according to the Tibetan tradition.



LOVE DUET

120 MINUTES - \$ 535

This exquisite treatment brings synergy to the couple through a body scrub, a gentle back massage and an Ananda facial with Shirodhara – inner peace and pure harmony between two souls.

HAMMAM

90 MINUTES - \$ 240

Our Hammam ritual is purifying and softening, using the unique properties of traditional Moroccan products to deeply exfoliate and nourish the skin.

SUNBURN RESCUE

90 MINUTES - \$ 198

A soothing rose mist and a cooling massage with chilled quartz crystals combined with a cocooning Aloe Vera gel wrap to replenish and calm the skin while gently refreshing the face.



NAIL SPA

Margaret Dabbs offers first class sole therapy with a difference: fusing health and beauty and viding outstanding care performed to the highest standards to visibly transform the feet and hands.

ANTI-AGEING MANICURE

Our signature manicure for the ultimate nail treatments indulging in a blissful hand massage with perfect finish.

- Ladies' Manicure (60 MINUTES - \$ 85)
- Gentlemen's Manicure (50 MINUTES - \$65)

ANTI-AGEING PEDICURE

Our outstanding signature pedicure for long lasting results and pure transformation.

- Ladies' Pedicure (60 MINUTES - \$95)
- Gentlemen's Pedicure (60 MINUTES - \$ 75)

NAIL SHAPE AND POLISH

30 MINUTES - \$ 45

NAIL POLISH

30 MINUTES - \$ 35

DEEP SLEEP FOOT MASSAGE

30 MINUTES - \$ 50





HEALTHY HAIR

“Healthy Scalp, Healthy Hair. Be kind to your hair - and yourself - today”

VITOX™ - 30 MINUTES

Short/Medium/Long - \$ 60/70/80

An active mix of vitamins and oxygen to detox and brighten your hair helping to strip away any environmental or product build up. Great after days of swimming in the ocean or pool! Not suitable on Grey Hair or darker tints.

SHIMMER BEACH GLOSS

30 MINUTES - \$ 60

This treatment is ideal to add shine and body and to enrich color to sun faded ends.

- BLONDES
- BRUNETTES

NOURISHING INTENSIVE TREATMENT 45 MINUTES

Short/Medium/Long - \$ 60/70/80

An intensive hydrating mask is applied to the hair with a relaxing full head massage. Its effect is intensified with the use of a micro steamer to ensure maximum penetration of the product to nourish hair and scalp.

PERMANENT COLOR

- Short (90 MINUTES - \$ 150)
- Medium (90 MINUTES - \$ 170)
- Long (90 MINUTES - \$ 190)
- Roots Touch Up (90 MINUTES - \$130)

All the above treatments do not include blow dry.

PERFECT FINISH BLOW DRY

A nourishing hair wash, conditioner followed by a blow dry for a glamorous photo finish (time and price will vary depending on hair length).

- Short (60 MINUTES - \$ 60)
- Medium (90 MINUTES - \$70)
- Long (90 MINUTES - \$80)

HAIRSTYLING STRAIGHT/CURLS

- Medium (90 MINUTES - \$100)
- Long (90 MINUTES - \$120)



All prices are subject to 10% service charge and 12% GST



GENTLEMEN'S TREATMENTS

Caters for the well-heeled men who prefer to look smart and well-groomed in a modern but classic style. Javvu Spa at Amilla Fushi is proud to showcase Gentlemen's Tonic men's traditional barber and grooming treatments by Gentlemen's Tonic.

TRADITIONAL WET SHAVE

20/30 MINUTES - \$ 70

A treatment to re-discover the timeless male traditional grooming shave.

ROYAL WET SHAVE

60 MINUTES - \$ 118

The ultimate indulgence for the man looking for a true pampering moment combined with the traditional man's grooming shave.

GENTLEMEN'S FACIAL

30 MINUTES - \$ 60

A pampering facial for gentlemen only, using high quality products specifically designed for men to exfoliate, hydrate and nourish the skin giving a feeling of freshness and lightness.

EYEBROW THREADING

15/20 MINUTES - \$ 38

INDIAN HEAD MASSAGE

30 MINUTES - \$ 70

HAIR CUT AND FINISH

30/40 MINUTES - \$ 53

SCALP SHAVE

30/40 MINUTES - \$ 53

BEARD DESIGN

30/40 MINUTES - \$ 53

CHILDREN'S CUT 2-14 years

20/30 MINUTES - \$ 38

PERMANENT COLOR/ROOTS TOUCH UP

90 MINUTES - \$ 130



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WELLNESS & MOVEMENT

“A wise man ought to realize that his health is his most valuable possession” – Hippocrates



INTUITIVE REFLEXOLOGY

60/90 MINUTES - \$ 165 / 225

This profound healing therapy dates back thousands of years and is still widely used nowadays to promote a sense of wellbeing and allow the body to re-establish energy flow.

YOGA

It is through Yoga that we can still the mind with meditation, a series of gentle or strong poses and breath-work that brings us to a place of restfulness and being.

- 60 minutes - \$ 100
- 90 minutes - \$ 125

YOGA THERAPY

90 MINUTES - \$ 185

A 60 minutes private yoga class tailored to your needs combined with 30 minutes of passive yoga stretches to strengthen and lengthen the body.

BODYISM

“Love and gratitude is the perfect attitude” - James Duigan, Bodyism founder

BODYISM BLUEPRINT SESSION

Bodyism specializes in creating long, lean athletic bodies designing personalized sessions of soft tissue releasing techniques, dynamic stretching and metabolic circuit training leaving you feeling flexible and strong!

- 1:1 (30/60/90 MINUTES - \$ 80/140/195)
- 1:2 (30/60/90 MINUTES - \$ 130/250/350)



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